

MATTHEW S. COHEN, MD FAAP
PATIENT INSTRUCTION SHEET

URINARY TRACT INFECTION

Your child has a urinary tract infection. This is a common infection in children, which occurs more frequently in girls. It is usually caused by bacteria.

MEDICATION: _____ DOSE _____ EVERY _____ HOURS
FOR _____ DAYS

It is very important to give this medicine exactly as directed and for as long as the doctor has instructed. Do not stop giving the medication even if your child seems better. As well, there is medicine to treat the discomfort associated with urination. If the child is unable to tolerate or complains excessively during urination, the office will prescribe a urinary tract analgesic.

You will be given an appointment after the medication is finished to be sure the infection is completely cured. At that point a repeat urine culture may be required.

At home:

DO

- Give lots of fluids to drink
- Use cotton, not nylon underpants
- **Girls:** After urination, wipe genital area from FRONT TO BACK (NOT from back to front)
- **Boys:** Encourage good cleansing of the penis

DO NOT

- Don't use bubble bath

If your child continues to have discomfort or fever after 2 **full** days on the medication, bring him/her back to the doctor's office.

*****NOTE:** Because urinary tract infections commonly come back within 1-2 months, it is important that your child is seen by the doctor during that time.

*****NOTE:** Children under the age of 5 may require a further work-up including a renal ultrasound and other diagnostic procedures to evaluate the potential cause of the urinary tract infection.

If you have any questions, please call.