

MATTHEW S. COHEN, MD FAAP
PATIENT INSTRUCTION SHEET

SEXUALLY TRANSMITTED DISEASES

You are being treated for a sexually transmitted disease. The following information is a guideline to help you understand your condition and possibly prevent further complications and transmissions of STDs (Sexually Transmitted Diseases).

STDs are caused by a virus or bacteria during sexual contact. STDs spread during vagina, anal, and oral sex. Limiting your sexual contacts (partners) reduces the risk of contracting an STD and further transmissions. Some STDs are curable and all are preventable.

SEXUALLY TRANSMITTED DISEASES (STDs)

CHLAMYDIA
GENITAL HERPES

GONORRHEA
SYPHILIS

HEPATITIS B
HIV

PID (Pelvic Inflammatory Disease) is a complication of an STD such as Chlamydia or Gonorrhea. Without proper treatment the female reproductive organs can be damaged which can lead to infertility or pregnancy in the tube which can be fatal. PID or STDs can become a chronic condition with partial or no treatment

SIGNS AND SYMPTOMS

- Unusual vaginal discharge
- Irregular vaginal bleeding
- Pain to lower abdomen or lower back
- Skin changes (bumps or blisters around vagina, penis and/or rectum)
- Painful or burning with urination
- Fever with chills
- Nausea and vomiting

PREVENTION

It is important that your partner(s) be treated to prevent reinfection and transmission. A latex condom is your best choice for the prevention of transmission of STDs.

It is important to follow and complete all medication therapy as prescribed by the doctor. Please return to the doctor's office if symptoms persist or worsen.

If you have any questions, please call.