

MATTHEW S. COHEN, MD FAAP  
PATIENT INSTRUCTION SHEET

**SCARLET FEVER**

Scarlet fever is caused by a bacteria called “Strep.”

**SYMPTOMS:**

- A fine, red rash that feels like sandpaper (usually all over the entire body).
- Sore throat
- Fever (fever may persist for 2-3 days)
- Vomiting
- Abdominal pains
- Headache
- Strawberry colored tongue
- Skin may peel for several weeks after the rash is gone; this is also normal.

**TREATMENT:**

It is very important to give the antibiotic exactly as prescribed in order to prevent some side-effects of the illness, and to decrease the likelihood of antibiotic resistance in the future.

Antibiotic: \_\_\_\_\_ Dose: \_\_\_\_\_ Every \_\_\_\_\_ Hours for \_\_\_\_\_  
Days

For fever and/or pain, you can give your child:

α MOTRIN \_\_\_\_\_ EVERY 6 HOURS

**OR**

α TYLENOL \_\_\_\_\_ EVERY 4 HOURS

Fluids or soft foods may be easier to swallow when your child has a sore throat. The illness may last up to one week. 24 hours after your child has been treated, the infection is no longer contagious, and your child may return to school if he or she feels well.

If you have any questions, please call.