

MATTHEW S. COHEN, MD FAAP
PATIENT INSTRUCTION SHEET

PINWORMS

Your child has been diagnosed with pinworms. Pinworms usually cause itching around the child's anus, especially at night. The worms may cause mild abdominal pain and irritability. Pinworm eggs, which are too small to see, are passed by hand. These eggs can be anywhere, including in the pajamas and bed sheets.

HOME TREATMENT:

1. The office may have provided you with a pinworm paddle in order to collect a specimen from the anus at night which provides us with the most likely opportunity to collect pinworms and confirm the diagnosis.
2. The office may treat the entire family, as pinworms are contagious. All family members should take the treatment at the same time if indicated.
3. Wash all bedclothes, underwear, and sheets in a washing machine in hot water. Feel free to repeat as desired.
4. Make sure everyone in the family washes their hands often.
5. Keep your children's fingernails clipped short to help prevent scratching.
6. Change and wash underwear daily.
7. For two or three days following treatment, bathe your child in the morning, which will help remove pinworm eggs.

Medication: _____

Special Instructions: _____

If you have any questions, please call.