

MATTHEW S. COHEN, MD FAAP
PATIENT INSTRUCTION SHEET

CONJUNCTIVITIS (PINK EYE)

Pink eye is also called conjunctivitis. It is an infection of the outside layer (conjunctiva) of the eye. This can cause the white part of eye to look red and cause the eyelids to stick together and become swollen. It should not affect your child's ability to see. It is important to remember that there are various causes of conjunctivitis, the most common being viral, bacterial, and allergic. Both viral and bacterial conjunctivitis should be considered contagious, and appropriate infectious cautions should be taken.

HOME TREATMENT:

1. Wash your hands thoroughly before caring for your child's eye(s).
2. Do not place a patch on the eye.
3. If the office gives antibiotic eye drops or ointment, be sure to use it as instructed. Be sure to wash your hands after giving the medicine.
4. Return to the office if the infection has not cleared up in 3 days or if the eye begins to worsen or associated with pain. Do not use the medication for more days than your doctor has prescribed which will be from 3-5 days.

Eye Medication: _____ **Dose:** _____ **times/day for** _____ **days.**

If you have any questions, please call.