

MATTHEW S. COHEN, MD FAAP  
PATIENT INSTRUCTION SHEET

**MDI/SPACER (MASK) INSTRUCTIONS**

**HOW TO USE ALBUTEROL MDI WITH SPACER**  
**(MUST FOLLOW SEQUENCE)**

1. Remove the protective cap from the mouthpiece of the inhaler and shake the inhaler.
2. Place the inhaler into the spacer backpiece and assemble correctly with a tight snug.
3. Hold the inhaler upright.
4. Caretaker places mask part of the spacer correctly on the child's face covering from the ridge of the nose to the chin. The mask fit is to be snug with a secure seal limiting the entrance of outside air and maximizing drug delivery.
5. Activate the MDI by pushing on the top of the canister of the inhaler only once. This releases the medication into the chamber.
6. Count 10 breaths by watching the flap (valve) on the spacer mask move back and forth 10 times with mask in place.
7. Wait 30 seconds before taking another puff of medication.
8. Then activate the MDI again by pushing on the top of the canister of the inhaler, and count 10 breaths.
9. In total, to have done 2 puffs per treatment time scheduled.

If you have any questions, please call.