

MATTHEW S. COHEN, MD FAAP
PATIENT INSTRUCTION SHEET

BURN CARE

Your child's burn must be properly treated at home to prevent infection. Wash your hands well and dry them on a clean towel before caring for your child's burn.

1. Wash the burn very gently, every day, with soap and water and rinse well. Make sure you wash off all the old cream before applying new cream. Pat dry the area gently with a clean towel.
2. Put _____ on the burn with a sterile gauze or tongue blade. Cover the burn with a sterile gauze and wrap it as directed. In order to remove gauze that is stuck to the wound site, irrigate with normal saline spray while gently removing dressing.
3. Return to the pediatric ER if the child has:
 - Fever – even if the child has a cold.
 - Increased discharge from the burn.
 - Foul smell from the burn.
4. Give for pain:
α Motrin Dose: _____ Every 6 hours

OR

α Tylenol Dose: _____ Every 4 hours

Special Instructions: _____

If you have any questions, please call.