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Stock
up for
the
Stork...

Digital Rectal Thermometer



- Choose a digital thermometer. Make sure the thermometer is in the correct mode for taking the temperature.
- Dab petroleum jelly on the tip of the thermometer for easy and comfortable insertion.
- Lie the baby facedown on a firm, sturdy surface.
- Separate the buttocks and insert the thermometer gently. Only insert it until the bulb or silver tip completely disappears
- Hold the baby's bottom with your hand, placing the thermometer between your fingers.
- Remove the thermometer gently and read. Normal rectal temperature ranges between 97.6 and 100.3 degrees.
- Rectal temperatures are considered to be the most accurate.





Infants' Tylenol

**Do not use before
2 months of age**

Infants' TYLENOL Drops provide fast and effective relief of your baby's pain and fever symptoms.

Available as: Dye-free Cherry, Cherry, Grape

Directions:

- Find right dose on chart below. (If possible, use weight to dose; otherwise, use age.)
- Use only enclosed dropper for use with this product. Do not use any other dosing device.
- Fill to dose level.
- Dispense liquid slowly into child's mouth, toward inner cheek.
- If needed, repeat dose every 4 hours while symptoms last.
- Do not use more than 5 times in 24 hours.
- Replace dropper tightly to maintain child resistance.

WEIGHT	AGE	INFANTS' TYLENOL
Under 24 lbs.	Under 2 years	See dosing chart
24-35 lbs.	2-3 years	See dosing chart

DO NOT USE

- With any other drug containing acetaminophen (prescription or non-prescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist
- If your child is allergic to acetaminophen or any of the inactive ingredients in this product.

Ask a doctor before use if your child has liver disease

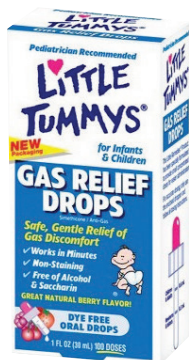
Ask a doctor or pharmacist before use if your child is taking the blood thinning drug warfarin.

When using this product, do not exceed recommended dose; taking more than the recommended dose (overdose) may not provide more relief and may cause liver damage.

OVERDOSE WARNING: Taking more than the recommended dose (overdose) may cause liver damage. In the case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away. Quick medical attention is critical even if you do not notice any signs or symptoms

Keep out of reach of children.

Little Tummy's



Babies often cry a lot during their first few months—a time when their bodies are still maturing. One discomfort many infants experience is gas pain. Gas can build up in their tummies when they swallow air while crying or when they eat. And some babies may have trouble passing larger gas bubbles.

To relieve the discomfort of infant gas, there is Infants' Little Tummy's Drops. They work gently to break down baby's gas bubbles in minutes and are **safe even for the newest of newborns.**

Infants' Little Tummy's Drops contain:

- No saccharin
- No alcohol
- No artificial flavors

Available in **Non-Staining Formula**
(contains no artificial colors.)

DOSING

AGE	WEIGHT	AMOUNT
Infants (under 2 years)	Under 24 pounds	0.3 mL
Children (over 2 years)	Over 24 pounds	0.6 mL

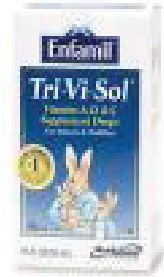
INSTRUCTIONS FOR USE:

- Shake well before using.
- All dosages may be repeated as needed, after meals and at bedtime, or as directed by a physician. Do not exceed 12 dosages per day.
- Fill enclosed dropper to recommended dosage level and dispense liquid slowly into baby's mouth, towards the inner cheek.
- Dosage can also be mixed with 1 oz. of cool water, infant formula, or other suitable liquids.

Tri Vi Sol Drops

This is an ideal vitamin supplement for breastfed infants.

Tri-Vi-Sol provides a source of vitamins A, C and D for infants and children who are exclusively or partially breastfed:



- Vitamin A helps keep skin and mucous membranes healthy
- Vitamin C promotes healthy connective tissue development
- Vitamin D is necessary to build strong bones
- Sugar-free
- Lactose-free
- Gluten-free
- Free of artificial sweeteners

Seventh Generation Baby Wipes



Features & Benefits:

- Hypoallergenic
- Whitened without chemicals containing chlorine
- Unscented
- Alcohol free
- One-at-a-time dispensing

These are soft and gentle for baby's skin. They are free of dyes and fragrances and contain a cleansing agent that is gentle on a baby's tender skin. These wipes are made with soft cloth that has not been processed with chemicals containing chlorine.

Mineral Oil

Cradle Cap is a patchy, greasy, scaly and crusty skin rash that occurs on the scalp of recently born babies.

Cradle cap is infantile seborrheic dermatitis that is confined to the scalp. Infantile seborrheic dermatitis may also affect other areas of the body such as behind the ears, in the creases of the neck, armpits and diaper area.



The cause of cradle cap is not clearly defined but it possibly has to do with overactive sebaceous glands in the skin of newborn babies, due to the mother's hormones still in the baby's circulation. The glands release a greasy substance that makes old skin cells attach to the scalp as they try to dry and fall off.

Cradle cap is a very common condition that usually appears within the first 6 weeks of life. In some cases the condition will slowly resolve itself over a few weeks while in others it may continue for 6 to 9 months, and sometimes much longer.

Cradle cap is characterized by greasy, yellow scaly patches over the scalp. In some cases a thick scaly layer may cover the whole scalp. Over time the scales may become flaky and rub off easily. The condition is usually not itchy and in most cases babies are unaware of the problem.

Treatment of cradle cap is with mild baby shampoos. The scalp should be washed regularly and this along with soft brushing should help to remove the scales. I advocate the use of a baby oil or mineral oil (but not olive oil as this encourages proliferation of yeast). Small amounts rubbed on the affected areas may help to soften the scales, which can then be more easily removed.

Cradle cap is not a serious condition and is only temporary. It usually clears up by the time the child is six to twelve months old but may occasionally persist for longer.

A and D Original Ointment



- Use at every diaper change to help prevent diaper rash from ever occurring , especially at bedtime when exposure to wet diapers may be prolonged.
- Safe to use at every diaper change.
- Ointment specially formulated with vitamins A and D as well as lanolin.
- Helps heal dry, chafed skin and minor cuts.
- Available in 1.5 oz. and 4 oz. tubes and a 1 lb. jar, which is great for the changing table.

Desitin Maximum Strength

Desitin Maximum Strength Original Paste is used to treat and prevent diaper rash when you want:

- The highest level of zinc oxide available without a prescription.
- A rich, thick, hypoallergenic, protective barrier to help heal and soothe diaper rash discomfort.
- Overnight relief for baby's tender skin.



Baby Ayr Saline Nose Spray/Drops

Baby Ayr restores moisture to dry, crusted and inflamed nasal membranes caused by colds. Parents will appreciate the unique bottle design which eases application by allowing either drops or spray. The special formula soothes baby's nose while avoiding the unpleasant side effects of decongestant drops or sprays.



- Non-medicated formula is safe and gentle on baby's delicate membranes
- Special bottle design eases application
- No burning or stinging
- Loosens and thins mucous secretions to aid aspiration and removal of mucous from nose and sinuses.

Nasal Aspirator

Many babies are prone to nasal congestion from a variety of sources. Since they are too young to blow their noses, the nasal aspirator can be a very effective way to clear out the congestion. The gentle suction action makes removing excess mucous or discharge easier for parents and more comfortable for infants.

The best baby nasal aspirators have soft, flexible, clear tips. A clear tip will allow you to monitor the mucous as it is extracted.



HOW TO USE IT:

First, lay your baby on his back. You can lay him on a solid surface such as a changing table or on your lap with his head on your knees. Next, squeeze the bulb on the nasal aspirator to let all the air out and place it in the nostril. Then release your grip on the bulb, allowing it to fill with the mucous that was in the nose. Remove the nasal aspirator from the nose and squeeze it again into a tissue to empty out the contents. Once it is emptied, repeat the process in the other nostril.

WHEN TO USE IT;

With newborns and babies, it's best to use the nasal aspirator immediately before a feeding. Because it can be an unpleasant feeling, the baby may gag or vomit, causing the baby to spit up what they just ate. And because babies will sometimes struggle or resist when the aspirator is used, it's best not to do it immediately before nap time or bedtime, when they may already be cranky from being tired. Also, avoid using the nasal aspirator more than two or three times each day because it can irritate the lining of the nasal passages.

TIPS:

It can be helpful to use saline drops along with the nasal aspirator. The drops help lubricate the nasal passages and make it easier to remove the mucous. Simply put one or two saline drops in each nostril and try to keep his head still for 10 to 15 seconds before using the nasal aspirator. However, avoid using saline drops for more than 4 days because long-term use can actually dry out the nose. Also, it can be helpful to allow the baby's head to tip back slightly when using the nasal aspirator because it will be easier to properly place it in the nostril. To do this, place the baby in your lap with his neck on your knees, allowing his head to tip back slightly.



Cool Mist Humidifier



Cool mist humidifiers can be helpful in treating a number of ENT disorders including croup, tonsillitis, congestion, sinus problems and more.

Cool mist humidifiers may reduce swelling, thin secretions, keep mucous membranes moist (potentially preventing bloody noses), and reduce pain.

You can buy a cool mist humidifier at most local drug stores. Just make sure you buy a cool mist humidifier, which uses cold water, instead of a regular humidifier which heats the water to produce warm air.

The biggest drawback to cool-mist humidifiers is that the cool water can be an excellent breeding ground for mold and bacteria. Therefore, it is very important (and somewhat bothersome) to follow the manufacturer's instructions concerning cleaning which usually includes cleansing the tank on a daily basis with soap and water.

In addition, these machines are quite efficient at dispersing the minerals within tap water which can cause health problems themselves.

So, distilled water should be used in cool-mist humidifiers.

A healthy humidity level is between 35 and 50 percent. Over 50 percent humidity can cause bacteria, dust mites and mold spores to grow.

Aquaphor



Advanced Healing for
Dry, Cracked or Irritated Skin.

Aquaphor is ideal for all babies' skin care needs and restores smooth, healthy skin.

- Fragrance-free, preservative-free formula soothes, protects and helps heal dry, irritated skin due to drooling, minor burns and abrasions
- Effective relief for the dry skin associated with Atopic Dermatitis
- Clinically proven to reduce diaper rash within 6 hours
- Clinically proven to reduce healing time
- Mild formula is safe for external use anywhere on your baby's delicate, sensitive skin
- Pediatrician recommended



Aveeno Baby Wash and Shampoo



- This product is enriched with natural oats to cleanse and moisturize your baby's skin and hair.
- It is gentle enough to use every day.
- This tear-free, hypoallergenic wash and shampoo cleanses your baby's skin without drying.
- This formula not only provides gentle cleansing for both your baby's hair and body, but it makes it quick and easy.
- It is gentle enough to be used daily on newborns and babies with sensitive skin.

